

Toastmasters District 18 Newsletter - Jan. 2019



**WORLD CHAMPION OF PUBLIC SPEAKING PRES VASILEV
GAVE AN OUTSTANDING KEYNOTE & WORKSHOP
AT THE DEC. 29th DISTRICT 18 TLI!
(For a recap see below!)**



Looking Back, Looking Forward...

Happy New Year from your District Director, Elizabeth Carter, DTM

Happy New Year District 18! It is 2019, we all get to start fresh and new. 2018 is behind us, and I'd like to share some 2018 statistics and provide guidance to help you maximize the next 6 months.

| Jun- Dec 2018 Accomplishments | Jan – Jun 2019 Guidance |
|--|--|
| <ul style="list-style-type: none"> • Distinguished Club Status- Since we can't see into every club, the Dashboard provides a view as to if members' expectations are being met. At this point in the year, clubs should have at least 3 goals completed. I am excited that more than 40% of the clubs have 3 or more goals, but half of those clubs do not have the minimum membership requirement. | <ul style="list-style-type: none"> • Do Logon to Pathways. I know it takes time for change to occur, and I thank those of you who have taken the time to do the assessment. All new members only have Pathways as their education choice, and the only way to help them embrace it is when we are using it ourselves. I'd like to see our adoption rate above 75% by June. |
| <ul style="list-style-type: none"> • Growth of membership- Besides introducing 6 new clubs to the District family since June, 362 other new members have joined our existing clubs. Let's keep selling the value of membership. | <ul style="list-style-type: none"> • Revue your personal and club goals. The Club Success Plan is a fluid, ongoing document. It includes the club's plans and specific individual plans. Sharing the plan keeps everyone accountable. |
| <ul style="list-style-type: none"> • Engagement in Pathways- as of November 2018, 50% of our members and 63% of the officers in our clubs have selected a path. | <ul style="list-style-type: none"> • Exercise time management. The next six months are very busy. See the deadlines below. |
| <ul style="list-style-type: none"> • Awards earned- Since July 1, there have been 341 education awards completed! Continue to use the program to enhance your communication and leadership skills. | <ul style="list-style-type: none"> • Ask for help- Club officers, ensure you participate in the Area Council calls. Discussing your successes and challenges with your peers is a great way to share ideas and get solutions to problems. The support and motivation is uplifting! |
| <p align="center">Mark your calendars with these important deadlines!</p> <ul style="list-style-type: none"> ○ Jan- a) Club contests and b) Officer training ○ Feb- a) Area contests and b) Officer training ○ Mar- a) Submit dues before April 1st and b) Division Contests ○ April- a) Area Director should have already visited club at least once and b) District Conference ○ May- a) Club officer elections so that the results can be entered into Club Central by June 30 and b) check to ensure all goals have been entered into the system. Remember, after marking the level complete in base camp, the VPE must still go into Club Central and enter the completion to transmit to Toastmasters International | |

I thank you all for your work in 2018, let's make 2019 great!

Warm Regards,

Elizabeth Carter, PhD, DTM, 2018-2019 District 18 Director

2018-2019 District 18 Purpose- "We turn DREAMS into Reality!" through Dedication, Relationships, Empathy, Accountability and Motivation



Raising the Curtain on a New Year! A Mid-Year Update from District 18 Quality Program Director Cristol Johnson

Looking back on 2018 we had many opportunities to network and share. At the Education Extravaganza we had the chance to hear from two famous keynote speakers, who were professionally born and raised right here in our District. We also had the chance personally get to know a world famous, world champion of public speaking, who gave us the recipe for cooking up a winning speech. Looking forward, right now you have all you need to be successful whether you are interested in speaking or leading.

In 2019 let's continue to support the events offered by the district. Check the District 18 calendar on the district website <https://www.toastmasters-d18.org/> for details about upcoming events. If you are shy, find a group of adventure loving fellow Toastmasters to carpool and hobnob with. If you are new to attending district events, you will find the same supportive environment as you find in club meetings. You will experience contests, a hike, a spring conference, parties and opportunities to connect and learn digitally. Join in on the fun!

Recap on World Champion Pres Vasilev and our Very Special TLI Training on Dec 29th

District 18 upped its game for the **New Year TLI** and hosted **2013 World Champion of Public Speaking Pres Vasilev** who delivered a keynote address, **Journey to World Champion of Public Speaking**. In his funny and motivational keynote, Pres took us on his trip to becoming the World Champion...how he learned from his pitfalls and triumphs, how people helped him along the way, and how we need to use humor and heart to mold an award-winning speech. In the afternoon, Pres gave a workshop, **How to Uncover the Glory of Your Story**, and in an interactive educational session, he delivered his winning Semifinal speech and revealed the storytelling tools and tactics he used - and we can all use - to transform our speeches into captivating stories to influence and inspire our audience.

Thanks again to Pres and to all of the 75-plus Toastmasters who attended!

District Spring Conference Co-Chairs Carmen Lee Pow and Karen Bailey and their outstanding committee have been extremely busy planning what is shaping up to be the Best Spring Conference ever! You won't want to miss this so mark your calendars...and check our [District 18 Toastmasters Group Facebook Page](#) for upcoming registration details!(not a member? join today by clicking above!)

Contest Schedule District 18 - Important Info!

2018-2019 Contest Season – Humorous Speech, Table Topics and International Speech Contests

Toastmasters International policy for the 2018-2019 Toastmasters Year is that any and all contests must be held at each of the club, area, division, and district levels, and that each contest must conclude with district finals held at the annual District Conference. In addition to the International Speech Contest, which is mandatory, it is the district's prerogative to determine which other contest(s) it chooses to conduct. District 18 has chosen to hold a total of three contests at the annual District Conference: Table Topics, Humorous and the International Speech Contests.

Please hold your respective contests accordingly.

- **Club Contests: Now through January 30, 2019**
- **Area Contests: February 1, 2019 through February 28, 2019**
- **Division Contests: March 1, 2019 through March 17, 2019**
- **District Finals: April 12 – 13, 2019**

If an area has four clubs or fewer in good standing, districts have the option to allow two contestants from each club to compete in the area contest

(Selection Sequence, Section B 1-4, of the Speech Contest Rulebook Page 8). District 18 will move forward with this rule to allow a for a robust contest season. Please check Toastmasters International's Distinguished Performance Reports for more information. District 18 belongs to Region 7. Happy speaking! For more info visit:

<https://www.toastmasters-d18.org/calendar/>

Upcoming Events in Our District: (for All Events, Visit our District 18 Website):

[VIEW EVENTS CALENDAR](#)

(please check the District 18 website calendar for more details)

UPCOMING TLI SESSIONS in DISTRICT 18

[1/12/2019 10:00 AM – 4:00 PM](#)

[Howard County Library System, HCLS Elkridge Branch
6540 Washington Blvd., Hockley Room Elkridge, MD 21075](#)

[1/23/2019 5-10 PM](#)

[JPMC Wilmington
300 N. King St., Bldg. 4CC, Wilmington DE 19801](#)

[1/26/2019 9:30 am - 3 pm](#)

[Siemens Healthineers Auditorium 700 GBC Drive Newark, DE](#)

[1/26/2019 8:30 am - 3 pm](#)

[Division B/Division F Combined Winter TLI
MedStar Franklin Square Medical Center \(Kotzen Auditorium\)
9000 Franklin Square Drive Baltimore, MD 21237](#)

[02/02/2019 9:30 am - 3 pm](#)

[Concordia Lutheran Church 3003 Silverside Road Wilmington DE](#)



SAVE THE DATE
DREAM IT!  ACHIEVE IT!

2019

District 18
Spring Conference

Friday night April 12 &
Saturday April 13

Keynote Speaker
David Brooks, DTM

**World Champion of
Public Speaking -1990**



Sheraton Baltimore North
903 Dulaney Valley Road
Towson, Maryland 21204



OTHER EVENTS

PASTA AND PATHWAYS

Sun, January 27, 2019 2:00 PM – 4:00 PM

Queen Anne's County Library 200 Library Cir. Stevensville, MD 21666

AREA & DIVISION CONTESTS

(please check the District 18 website calendar for all upcoming contests!)

<https://www.toastmasters-d18.org/calendar/>



And Here's Some Good Advice as we head into Contest Season in the New Year!

DISTRICT 18 MEMBER COLUMN

CC Secret Rule #5: Preparation is paramount to confident performance.

- by Jay Green, District 18 Finance Manager

NOTE: (This column is the fifth and final in a series; the first four "secret rules" were: 1) Be willing to make a fool of yourself; 2) Derive confidence from competence; 3) Nothing Beats Experience; and 4) Embrace your

faith

Do you wonder how some Toastmasters seem to be members of a secret club? You know the people I'm talking about. They're always taking leadership positions, giving presentations and competing in speech contests. Maybe they belong to a secret club with secret rules. They must belong to: Confidence Club! If there is such a secret club, and I'm not saying there is... these would be their rules...

Real estate experts, retailers and restaurateurs say the secret to success is: location, location, location. The secret members of confidence club say the key to confidence is: preparation, preparation, preparation. Preparation is paramount to confident performance.

Physical and mental preparation are necessary for confidently approaching high stakes situations like exams, presentations and athletic contests. It should be no surprise that you need to study for a test, exercise to get in shape for a marathon, or rehearse if you are the star in a play. These are all forms of preparation. The more preparation you have before big events in your life the more confidence you will have when the time comes to perform.

PPPPP is a well-known acronym that means: Proper Preparation Prevents Poor Performance. But preventing poor performance is not your goal. If you're reading this, your goal is confident performance! For you, proper preparation won't cut it. You need extreme preparation! Prepare, prepare and prepare some more. When you prepare three times as much as a properly prepared person, you exude confidence. Confidence will ooze out your pores. You will be untouchable! Your peers, fans and competitors will see in you the legendary confidence of Serena Williams, Muhamad Ally and Arnold Schwarzenegger. When you over prepare, you don't compete. You dominate! And you will dominate with confidence.

Feeling over prepared super charges your confidence. You cannot feel confident when you feel under prepared. It's impossible! If feeling unprepared deflates your confidence, then feeling over prepared inflates your confidence. It behooves you to enter any high stakes situation with no preparation or average preparation. Life changing situations call for game changing confidence. And game changing confidence comes with extreme preparation. Whatever your next personal battle is, you need to prepare, prepare and prepare some more. Be so prepared that there is no question in your own mind that you will crush it! Taking a test? Know the material inside and out. Competing in an athletic competition? Know you out trained everybody else. Giving a presentation? Know you can give it in your sleep.

All the championship games in life are won or lost in preseason. The game changer is in the learning, practicing and sharpening of your skills in the time leading up to the event. What did you do in that time? Did you get up early and prepare before breakfast? Did you prepare before bedtime? Did you prepare in your sleep? There are no overnight successes stories. Every success story is preceded by days, months and years of preparation. The secret members of confidence club know preparation is paramount to confident performance. Practice extreme preparation and you will super charge your confidence.

- Jay Green, ACB, ALB, Member of PPAT & GrEAT

Your Feedback is Always Appreciated!

If you have any photos, articles, columns or news for our District 18 Newsletter please submit them to me at the email address below! Please restrict submissions (as well as AA Social Media posts) to Toastmasters and/or District 18-related items. And if you would like to help as a volunteer in public relations and/or marketing please also contact me via email.

For past issues of the District 18 Newsletter you may have missed, please visit our website: [TM District 18 Website](#)

Cheers...and Happy New Year!

District 18 Public Relations Manager,
Michele Chynoweth

Toastmasters District 18

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Connect with us

